



# UNVEILING TRUTHS

## Navigating Life's Depths through Words, Wisdom, and Resilience

### A conversation with **BARBARA GODIN**

Barbara Godin weaves poignant narratives that resonate deeply, showcasing resilience in her memoir "Can I Come HOME Now?" Her "Dear Barb" series offers insightful advice on everyday challenges. With a skillful touch, Godin's writing unveils raw emotions and invites readers on transformative journeys. Explore her compelling works at [barbgodin.com](http://barbgodin.com).

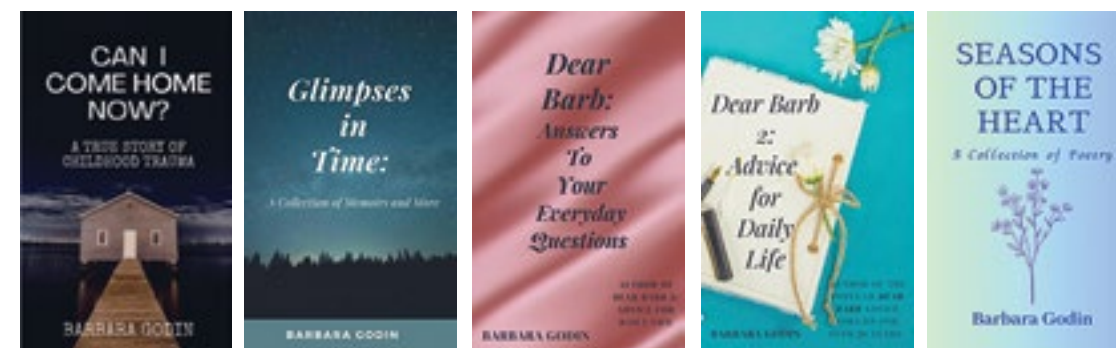
Barbara Godin received her B.A. from Athabasca University, Edmonton, Alberta Canada. She began writing her popular "Dear Barb" column in 2003. In 2019 Barbara won the first-place award in a short article contest from the prestigious Professional Writers Association of Canada (PWAC) for "Mary's Story."

Barbara is the author of five books. "Dear Barb: Answers to Your Everyday Questions" "Glimpses in Time: A Collection of Memoirs and More" also "Dear Barb 2: Advice for Daily Life" and her bestselling memoir "Can I Come HOME Now?" Barbara's latest book "Seasons of the Heart" is a collection of poetry.

Barbara was born in Windsor Ontario Canada. She now resides in Chatham Ontario Canada with her husband and their ginger cat aptly named "Prince Harry."

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"In the pages of 'Can I Come HOME Now?' Barbara Godin bravely unveils the echoes of her past, offering a poignant tool for healing and a voice for those silenced by abuse."



Explore worlds within words. Discover Barbara Godin's captivating stories that transport you to places unseen and emotions untold. Dive into her books for a journey unlike any other.

*"Within every page, Barbara Godin weaves tapestries of imagination, inviting us to wander through worlds unseen, emotions unspoken, and stories that resonate deeply within."*

#### What is the last great book you read?

The last book I read was "The True Story of Canadian Human Trafficking" by Paul H. Boge. It was a difficult read, but a story that needed to be told. I had no idea this was going on in Canada to the extent that it is. The author was very thorough and included all sides of the issue.

#### If you organising a party who would you invite?

I were organizing a party I would invite Tara Westover and Maya Angelou. I enjoyed Tara Westover's memoir "Educated" and Maya Angelou has written seven autobiographies. I believe her most famous memoir is "I Know Why the Caged Bird Sings."

#### Which writers working today do you admire the most?

I admire Ryan Green's ability to write true crime and I truly enjoyed "The Midwife of Auschwitz" by Anna Stuart, although it was a difficult book to absorb.

#### What do you read when you're working on a book? And what kind of reading do you avoid?

When I am working on a book I read books that are similar to the genre I am writing. I avoid books that will be too engulfing and distract me from writing.

#### What genre do you enjoy reading?

I enjoy reading autobiographies, memoirs, and poetry.

#### What kind of books do your family and friends read?

My family and friends read mostly nonfiction, true crime, and memoirs. My husband reads strictly fiction.

#### What first piqued your interest in reading when you were a child?

As a child, I spent one year living with my father and he often took me out on Friday nights and bought me two or three books. I always made sure I read the books before I got new ones.

#### When did you begin writing?

My life was very difficult and keeping a journal helped me to cope with some of the abuse and neglect I experienced while growing up.

#### Which book is your most popular book and why?

My most popular book is my memoir "Can I Come HOME Now?" It is most popular because of the horrific abuse I experienced. My book is a tool for many families to discuss abuse that may have occurred within their own family but have never been able to discuss.

#### Which book do you wish was more popular?

I wish my "Dear Barb" series was more popular. I feel it contains a lot of interesting advice about everyday issues, that everyone can benefit from.